LMAX | Exchange

DST - Trading Hours Schedule

These hours apply between Sunday 25 October 2026 to Saturday 31 October 2026.

To view the full year schedule, click here.

Products affected	Trading hours GMT	Trading hours (EDT)
FX	21:05 Sun – 21:00 Fri (except 21:00 – 21:05 daily)	17:05 Sun – 17:00 Fri (except 17:00 – 17:05 daily)
Gold, Silver	22:00 Sun – 21:00 Fri (except 21:00 - 22:00 daily)	18:00 Sun – 17:00 Fri (except 17:00 – 18:00 daily)
Australia 200	22:00 Sun – 21:00 Fri (except 21:00 -22:00 daily)	18:00 Sun – 17:00 Fri (except 17:00 – 18:00 daily)
China A50, China H Shares, Europe 50, France 40, Germany 30, Hong Kong 50, Japan 225, Netherlands 25, Singapore 20, Switzerland Blue Chip, Taiwan RIC Capped, UK 100, US SPX 500, US Tech 100, Wall Street 30	22:00 Sun – 21:00 Fri (except 21:00 -22:00 daily)	18:00 Sun – 17:00 Fri (except 17:00 – 18:00 daily)
Spain 35	07:00 – 21:00 (Mon – Fri)	03:00 – 17:00 (Mon – Fri)
Crypto	21:05 – 21:00 (except 21:00 – 21:05 daily and 10:00 to 17:00 on Saturday)	17:05 – 17:00 (except 17:00 – 17:05 daily and 06:00 – 13:00 on Saturday)

Please note the hours above are subject to change.

Exchange operations: +44 20 3192 2654 | ops@LMAX.com

LMAX Exchange is a trading name of LMAX Limited, which operates a multilateral trading facility, authorised and regulated by the Financial Conduct Authority (firm reference number 509778) and is a company registered in England and Wales (number 6505809). LMAX Exchange is part of the LMAX Group, operating address: Yellow Building, 1A Nicholas Road, London W11 4AN.