

DST - Trading Hours Schedule

These hours apply between Sunday 26 October 2025 to Saturday 1 November 2025.

To view the full year schedule, click [here](#).

Products affected	Trading hours GMT	Trading hours (EDT)
FX	21:05 Sun – 21:00 Fri (except 21:00 – 21:05 daily)	17:05 Sun – 17:00 Fri (except 17:00 – 17:05 daily)
Gold, Silver	22:00 Sun – 21:00 Fri (except 21:00 – 22:00 daily)	18:00 Sun – 17:00 Fri (except 17:00 – 18:00 daily)
Australia 200, China A50, China H Shares, Europe 50, France 40, Germany 30, Hong Kong 50, Japan 225, Netherlands 25, Singapore 20, Switzerland Blue Chip, Taiwan RIC Capped, UK 100, US SPX 500, US Tech 100, Wall Street 30	22:00 Sun – 21:00 Fri (except 21:00 – 22:00 daily)	18:00 Sun – 17:00 Fri (except 17:00 – 18:00 daily)
Spain 35	07:00 – 21:00 (Mon – Fri)	03:00 – 17:00 (Mon – Fri)

Please note the hours above are subject to change.

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