GMT - Trading Hours Schedule

These hours apply between Sunday 1 November 2026 to Saturday 13 March 2027.

To view the full year schedule, click here.

Products affected	Trading hours
FX	22:05 Sun – 22:00 Fri (except 22:00 – 22:05 daily)
Gold, Silver	23:00 Sun – 22:00 Fri (except 22:00 - 23:00 daily)
Australia 200	22:50 Sun – 22:00 Fri (except 22:00 - 22:50 daily)
China A50, China H Shares, Europe 50, France 40, Germany 30, Hong Kong 50, Japan 225, Netherlands 25, Singapore 20, Switzerland Blue Chip, Taiwan RIC Capped, UK 100, US SPX 500, US Tech 100, Wall Street 30	23:00 Sun – 22:00 Fri (except 22:00 -23:00 daily)
Spain 35	07:00 – 21:00 (Mon – Fri)
Crypto	22:05 – 22:00 (except 22:00 – 22:05 and 10:00 – 17:00 on Saturday)

Please note the hours above are subject to change.

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LMAX Exchange is a trading name of LMAX Limited, which operates a multilateral trading facility, authorised and regulated by the Financial Conduct Authority (firm reference number 509778) and is a company registered in England and Wales (number 6505809). LMAX Exchange is part of the LMAX Group, operating address: Yellow Building, 1A Nicholas Road, London W11 4AN.