

GMT - Trading Hours Schedule

These hours apply between Sunday 3rd November 2024 to Saturday 29 March 2025.

To view the full year schedule, click [here](#).

Products affected	Trading hours
FX	22:05 Sun – 22:00 Fri (except 22:00 – 22:05 daily)
Gold, Silver	23:00 Sun – 22:00 Fri (except 22:00 - 23:00 daily)
Australia 200, China A50, China H Shares, Europe 50, France 40, Germany 30, Hong Kong 50, Japan 225, Netherlands 25, Singapore 20, Switzerland Blue Chip, Taiwan RIC Capped, UK 100, US SPX 500, US Tech 100, Wall Street 30	23:00 Sun – 22:00 Fri (except 22:00 -23:00 daily)
Spain 35	07:00 – 19:00 (Mon – Fri)

Please note the hours above are subject to change.

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